Us Gym Rats

Because we are less inclined to express our passions and fulfillment in an abstract and artistic manner?

That we prefer the primal cry and sweat and burst of blood to the fine stimuli of notes and strokes of a paintbrush?

That the awe invoked when a man lifts half a ton off his chest or levitates his body off the floor in a horizontal hold is somehow less than the admiration of the symphony of instruments or words?

We’re all narcissists. Some of us just admit it.